

Congratulations on becoming parents!

I love working with Newborns. They are some of my favorite clients and I cannot wait to meet your new bundle of Joy!

Here are just a few tips to help you with your Newborn Session:

When Should We Schedule our Newborn Session: Newborn sessions should be scheduled before the baby arrives. I know sometimes we “guess” to schedule a day since the baby usually decides when he/she wants to arrive. (Usually we schedule a week after the due date.) I like to schedule the newborn shoot within the first 14 days of the baby’s life. Call me soon after the baby is born and we can pick an exact date.

The Day of your Session: Newborn Sessions must be done within the baby’s first 14 days. (Ideally within the first week after birth is the best time for a newborn shoot.) Babies sleep a lot that first week of life and we like sleepy babies. They are much easier to pose and it makes the photo shoot go a little quicker. Which is nice for the whole family.

Where will my Newborn Session Take Place:

You have your choice of location. I prefer shooting in the studio; we have access to all the props, backdrops and lights. If you are not ready to venture out with the baby or you feel more comfortable, I can do the photo shoot in your home. (Travel Fees do apply.) I do not need much space. Just a room with some good natural light. We can discuss details of an in-home shoot if you are interested in going

that route. If the weather permits, we can also do a newborn session outside using nature as a backdrop.

Props and Colors

I use a lot of neutral colors in my newborn photo shoots, so if you have specific colors in mind, please let me know. I set up your shooting spaces before you arrive, so we can discuss these options before your photo shoot. I have many blankets, wraps, hats, headbands, diaper covers in the studio. Feel free to bring some of your own as well. If you have any treasures you would like to include in your baby's photo session, please let me know what you will be bringing with you the day of the shoot.

What do we Wear:

Keep it simple. Have your nails groomed and manicured, keep clothes very simple; preferably solid colors. Flowy fabrics add a touch of softness. If both parents will be in the photos, color coordinate your clothes.

Moms – Some moms choose to have their hair and make up done for the photo shoot, others choose to be more natural. We want you to be comfortable, so you choose what is right for you.

Brothers and Sisters should be in solid and very neutral colors.

Your Newborn will be naked for some of the photo shoot. We will also use blankets, wraps, diaper covers, and any other fun items you brought along.

Shooting at your Home:

Natural light is the best for newborn photo shoots. Please have your curtains and blinds open. We will choose the best room to shoot in to get the best shots.

Babies Prefer to be Warm:

Please keep your home very warm the day of the shoot. We want them to be comfortable during their photo shoot. Heat also helps babies sleep. Remember, I like sleepy babies. I bring a little portable heater with me too. It gets real toasty, but the babies love it.

For Studio Shoots, we will have the heat cranked for your baby.

All About Baby:

About an hour before the shoot, loosen baby's diaper, take off socks, and any other snug clothing. This will help eliminate any red marks.

Please feed the baby right before your session. I need the baby as sleepy as possible. The baby may need to be fed during the photo session as well. (We are on the baby's schedule.)

Have all your props ready to go. If we are in studio, I will have the props you chose ready for the shoot.

Here We Go:

Quiet on the set! The shoot goes much smoother if we have a quiet and calm atmosphere. I will have white noise playing during the shoot; at the studio or at your home. Only the people being photographed should be at the session.

Please try to relax. I love working with babies and I am very comfortable doing so. Fussiness happens...it does. Please do not worry or apologize. Sometimes it just takes a little time to get the baby in a deep sleep. Usually, if everyone remains calm, the baby will be calm as well. Babies sense tension and stress.

Everybody Poops...especially newborns. I have dealt with flying poop, spraying poop, explosive poop...no need to apologize. We just clean it up and keep on going. Everything I use in a newborn shoot is washable. Please bring extra diapers and wipes with you to the shoot. If we are at your home, please keep them close at hand.

Safety First:

Safety is my NUMBER ONE priority while working with your newborn. I will NEVER put a baby at risk to "Get A Shot", never!

I cannot wait to meet your new little one.